**Data dictionary for *Microdosing Experiences***

dailydata.csv

This file summarises daily ratings for each day type (baseline, day0, day1, day2).

|  |  |
| --- | --- |
| **variable** | **Description** |
| id | Participant ID |
| type | Category of daily data (baseline, day0, day1, day2) |
| d.happy | Mean daily happiness ratings |
| d.productive | Mean daily productive rating |
| d.creative | Mean daily creative rating |
| d.connected | Mean daily connected rating |
| d.well | Mean daily well rating |
| d.contemplat | Mean daily contemplative rating |
| d.focus | Mean daily focused rating |

longterm.csv

This file contains subscale scores for each measure in the long term analysis. File is long format with baseline (base) and post-study (post) scores for each participant.

|  |  |
| --- | --- |
| **variable** | **Description** |
| record | participant number |
| id | Participant ID |
| maxdoses | number of doses taken during study |
| Time | base / post |
| DASS\_Depression | DASS\_Depression score |
| DASS\_Anxiety | DASS\_Anxiety score |
| DASS\_Stress | DASS\_Stress score |
| MWQ\_Mean | MWQ\_Mean score |
| QOLI\_Raw | QOLI\_Raw score |
| MAAS\_Mean | MAAS\_Mean score |
| HMS\_Total | HMS\_Total score |
| M5\_Extraversion | M5\_Extraversion score |
| M5\_Agreeableness | M5\_Agreeableness score |
| M5\_Conscientiousness | M5\_Conscientiousness score |
| M5\_Neuroticism | M5\_Neuroticism score |
| M5\_Openess | M5\_Openess score |
| TAS\_Total | TAS\_Total score |
| CPS\_Total | CPS\_Total score |
| SOARS\_Involuntariness | SOARS\_Involuntariness score |
| SOARS\_Effortlessness | SOARS\_Effortlessness score |
| maxdoses.c | maxdoses variable centred at the mean for the LME analysis |
| demo\_23 | Categorical response to past experience question |
| experience | Coded response for past experience of microdosing: none or some |

postdebrief.csv

This file contains data on the debrief questions, and also confidence in doseage reports.

|  |  |
| --- | --- |
| **variable** | **Description** |
| id | Participant ID |
| reports | number of daily reports sent |
| maxdoses | number of doses taken during study |
| sub | substance type |
| specific.sub | specific substance reported |
| Meaning\_1 | Meaning score1 |
| Meaning\_2 | Meaning score2 |
| Meaning\_3 | Meaning score3 |
| PostQ\_1 | Confidence in accuracy of doseage reports |

hidose.csv

This file lists participants who sent daily reports of unusually high doses.

|  |  |
| --- | --- |
| **variable** | **Description** |
| id | Participant ID |
| ResponseID | daily report ID |
| date | date of report |
| md\_substance | substance type |
| md\_dose | reported dose |
| Recoded\_Dose | numerical dose |

expect\_totals.csv

This file contains expectation data from Study Two.

|  |  |
| --- | --- |
| **ID** | **Description** |
| id | Participant ID |
| experience | Experience of microdosing (1 = yes, 2 = no) |
| DASS\_Depression | Expected direction for DASS\_Depression |
| DASS\_Depression\_w | Weighting for DASS\_Depression |
| DASS\_Anxiety | Expected direction for DASS\_Anxiety |
| DASS\_Anxiety\_w | Weighting for DASS\_Anxiety |
| DASS\_Stress | Expected direction for DASS\_Stress |
| DASS\_Stress\_w | Weighting for DASS\_Stress |
| MWQ\_Mean | Expected direction for MWQ\_Mean |
| MWQ\_Mean\_w | Weighting for MWQ\_Mean |
| QOLI\_Raw | Expected direction for QOLI\_Raw |
| QOLI\_Raw\_w | Weighting for QOLI\_Raw |
| MASS\_Total | Expected direction for MASS\_Total |
| MASS\_Total\_w | Weighting for MASS\_Total |
| HMS | Expected direction for HMS |
| HMS\_w | Weighting for HMS |
| M5\_Extraversion | Expected direction for M5\_Extraversion |
| M5\_Extraversion\_w | Weighting for M5\_Extraversion |
| M5\_Agreeableness | Expected direction for M5\_Agreeableness |
| M5\_Agreeableness\_w | Weighting for M5\_Agreeableness |
| M5\_Conscientiousness | Expected direction for M5\_Conscientiousness |
| M5\_Conscientiousness\_w | Weighting for M5\_Conscientiousness |
| M5\_Neuroticism | Expected direction for M5\_Neuroticism |
| M5\_Neuroticism\_w | Weighting for M5\_Neuroticism |
| M5\_Openness | Expected direction for M5\_Openness |
| M5\_Openness\_w | Weighting for M5\_Openness |
| TAS\_Total | Expected direction for TAS\_Total |
| TAS\_Total\_w | Weighting for TAS\_Total |
| CPS | Expected direction for CPS |
| CPS\_w | Weighting for CPS |
| SOARS\_Involuntariness | Expected direction for SOARS\_Involuntariness |
| SOARS\_Involuntariness\_w | Weighting for SOARS\_Involuntariness |
| SOARS\_Effortlessness | Expected direction for SOARS\_Effortlessness |
| SOARS\_Effortlessness\_w | Weighting for SOARS\_Effortlessness |